



FIDGET QUILT

Fabric

8 – 5 ½” squares regular fabric bright colors, novelty prints, textured (as long as it can be washed and is not real heavy fabric)

8 – 5 ½” squares with ‘dodads’ on them

23” batting

23” backing (non-slip fabric or flannel or fleece)

Binding

2 – 1” squares of Velcro

Squares are sewn together alternately in checker board style. Finish as a quilt. I zigzagged the seams of the squares. The binding is machine sewn. This one has square corners but I have done one with round corners. Put the Velcro squares on the outside edges (see black squares in photo) so the quilt can be folded in half and the Velcro sticks together.

Cleaning— machine wash. Air dry, machine drying not recommended.

Dodads—all items must be washable.

Small stuffed animals (4” high)

Small plastic cookie cutters

Small people from toddlers toy sets

Old keys

Pendant from a necklace

Large novelty earrings

Fake fur fabric (strips of)

Fancy dress fabric (washable)

Strips of suede, lace or other textured fabric

Belt buckles that slide back and forth

Nylon scoring pads

Burlap (needs zigzag stitch on edges)

Zippers or half of..

Nuts, metal & rubber washers

Pockets from jeans or make your own

Cuffs w/buttons or snaps

Fishing lures (minus the hook)

Embroidered pieces of fabric

Empty spools of thread

Small crocheted items

One pretty button & 1 big loop

Frog Closures

Key chains without keys

Pieces off blue jeans (belt loops, zipper, label, etc

Gathered lace or fabric edging

Dingle ball trim

Edging of lace, rickrack, braid

Child's cloth toy, letter, blocks

Metal medallions

Large-sized charms and beads

Lanyards from Casinos

Old rings

Larger buttons with raised
design

Novelty buttons

Use cording, leather, shoe laces,
washable ribbon, bias binding
to attach items